

REVIEW



May 13, 2022

Hello Rouge Park Families,

We hope you have enjoyed a wonderful week of sunshine. This week's Review is brief but there are some fun photos for you to enjoy. We are really excited about the upcoming special events at Rouge Park including our outdoor concert on June 9th and our grade 8 graduation festivities.

Each morning we have been opening our gym from 7:55-8:10 for our intermediate students to enjoy some free time for basketball. We are now extending the invite for our junior students. If your child would like to get some exercise in the morning, they are welcome to join.

We are also busy planning for next year. Our tentative organization is listed below but as a growing community, everything can change over the course of the summer.

Lindsey Maclean	Leeann Morrow
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Date What's Happening Monday, May 16 Open gym for junior and intermediate students 7:55-8:10 a.m. Day 1 Boys basketball practice - lunch Gr. 4-8 choir - lunch Girls Basketball practice - 2:45 Tuesday, May 17 Open gym for junior and intermediate students 7:55-8:10 a.m. Day 2 Boys basketball practice - first recess Girls basketball practice - lunch Gr. 1-4 recorder club - lunch Eco club meeting for class reps - lunch Open gym for intermediates - 2:40-3:30 Wednesday, May 18 Open gym for junior and intermediate students 7:55-8:10 a.m. Day 3 Snack Shack at first recess Boys basketball practice - lunch Gr. 5-8 pop band - lunch Girls Basketball practice - 2:45

What's Happening Next Week:

Thursday, May 19 Day 4	Open gym for junior and intermediate students 7:55-8:10 a.m. Boys basketball practice - first recess Grade 4 Craft Club - first recess Grade 5,6 pop band - lunch Girls Basketball practice - 2:45
Friday, May 20 Day 5	Open gym for junior and intermediate students 7:55-8:10 a.m. Gr. 7,8 band - lunch Pizza Day Open gym for intermediates - 2:40-3:30 Remember that Monday, May 23 is a holiday!

Grade 3 and 6 Testing - EQAO

We have scheduled EQAO testing for this year. The test will be completed by all **face to face** grade 3 and 6 students. Grade 6 students will write May 30, June 1 and June 3 and Grade 3 students will write on June 14th, 15th and 16th.

Spring Concert - Save the Date

Our spring concert will take place on **Thursday**, **June 9th (rain date will be Wednesday**, **June 15th)**. All of our music groups have been practicing daily to prepare for this event. The concert will feature:

Primary Choir

Gr 4-8 Junior/Intermediate Choir

Recorder Group (Gr 1-4)

Junior Band (Gr 5-6)

Intermediate Band (Gr 7-8)

Pop Group (Primary/Junior/Intermediate)

*There will also be soloists in between

Snack Shack

The Snack Shack is open every Wednesday and features individually wrapped cookies, icecream, and popcorn. The grade 8's are selling at first recess to raise money for their graduation. Each item is \$2 and we ask students to bring exact change. There is a limit of 2 items per student each week.

2022-2023 School Year Calendar

The <u>2022-2023 school year calendar</u> was recently released for your review.

Loaner Technology

If you have a Rouge Park chromebook at home, it must be returned to our school prior to the end of June. Even if your child will be learning in the Virtual School in September, you must return the technology to Rouge Park in June.

Are You Moving?

We are in the process of setting up for the September start of the 2021-2022 school year. If you know your child/children will be attending another school in September please email or call the school office to let us know.

Discover Kindergarten:

Rouge Park will be hosting a Discover Kindergarten event on May 25th. This is when we will welcome all students who will be new to kindergarten in September 2022. All families who have registered their child for junior kindergarten (or senior kindergarten if they have never attended school) will be sent information via email.

Kindergarten Registration:

Kindergarten Registration for the 2022/23 school year is now on. If you have a child who will turn 4 years old before the end of 2022, they are eligible to begin school in September. There are several ways you can register for kindergarten on or after January 14, 2022:

• Online - Families can access the <u>Online Kindergarten Registration Information</u>. It is recommended that families use a laptop or a desktop, rather than a mobile device to complete this registration.

• By email - Families can download the <u>Elementary School Registration Form</u> and email the completed form to their school email address.

• By phone - Families can request support from the school Principal/Vice-Principal to complete the registration form on their behalf by collecting the required information by phone.

• By mail or appointment. You can mail completed applications to the school, or request an appointment (once schools have reopened) to drop-off your completed paper application form.

 \cdot If you have already registered, you will be hearing from us shortly about bringing in your documents to complete the process.

Administrative Assistant's Day

On Friday, May 6, our school showed their appreciation to Ms. Khan and Ms. Draper - our incredible front office staff. They were showered with cards, poems and songs!



Outdoor Fun



Yes I Can Awards

The Yes I Can Awards honour children and youth with exceptionalities who shine. CEC has recognized the accomplishments of thousands of students since the program started in 1982.

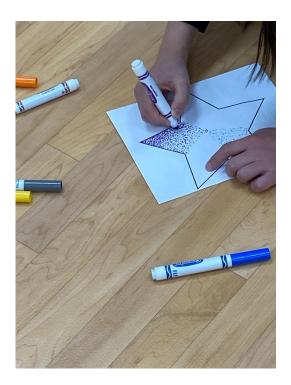
This year, our Complex Needs teacher, Matthew Watts was the recipient of the **Teacher of the Year** award. Two of his students also received Yes I Can Awards. Congratulations Mr. Watts, Ryan and Alex!

The virtual ceremony will take place on May 22nd.





Grade 4 Art Club





An RPPS Student Gives Back ...

Every year thousands of Canadian children lose their hair to cancer treatments, alopecia and other medical causes. One of our grade 5 students, John, decided to grow his hair to support an organization called Wigs for Kids. We are so proud of John for taking the initiative to grow his hair for months on end in order for it to be long enough to donate. We love it when our RPPS kids give back to their community and, in this case, to other children who will benefit from their generosity. Thank you, John!

If you have a good news story to share, please send it our way!



Please scroll down

How it works

Ready.

Choose from our kits of garden-ready plants (or build your own boxes).

Set.

We'll grow, love and nurture them so they arrive at your door at just the right moment to plant.



No garden? No problem! Most of our plants are container-friendly.



Fun Fact: All of our Packaging is 100% recyclable

7.

nts (or build your own boxes).



Grow. Open the box, bury them in the ground and wait for the magic to happen.



Head over to plantables.ca to place orders and support our organization!

Here's our code:

RPGardens

(Remember, this code has to be entered at checkout.)

Or use our direct link:

https://plantables.ca/for/rpgardens

Fundraising with Plantables

> Don't forget to tell your friends!

The Balcony Blend Kit

Jump on the urban gardener train with this space-saving, pot-friendly kit!

Warning: Neighbours may be jealous of your homegrown bounty.





HERBS (\$4.50/PLANT*) Basil Lavender Mint Oregano Parsley Rosemary

KITS

TOMATO KIT (\$27) Beefsteak x 2 Roma x 2 Red Cherry x1 Orange Cherry x1



SALAD KIT (\$27) Salanova® Butterhead Green x2 Salanova® Red Oak x2 Romaine x2

Beefsteak x 2

Orange Cherry Tomato x1

Red Cherry Tomato x1

Roma Tomato x 2

Red Bell Pepper x 2

Red Chili Pepper x1

Mini Sweet Orange Pepper x1

Mini Sweet Yellow Pepper x1

THE HERB KIT (\$27) Basil x1 Mint x1 Oregano x1 Parsley x1 Rosemary x1 Thyme x1

Cucamelon

Mini Cucumber

English Cucumber

Green Bean

Green Kale

alapeno

Mini Sweet Orange Pepper

Mini Sweet Yellow Pepper

Red Bell Pepper

Red Chili Pepper



THE STARTER KIT (\$54)

Basil x1 Parsley x1 Mini Cucumber x1 English Cucumber x1 Mini Sweet Yellow Pepper x1 Mini Sweet Orange Pepper x1 Beefsteak Tomato x1 Red Cherry Tomato x1 Salanova® Butterhead Green x1 Salanova® Red Oak x1 Kale x1 Zuchinni x1

THE WHOLE GARDEN (\$162 \$144 - **SAVINGS!**)

Jalapeno x1 Kale x1 Salanova® Green Butter x1 Salanova® Red Oak x1 Romaine x1 English Cucumber x 3 Mini Cucumber x 3 Cucamelon x1 Green Bean x 4

Salanova® Butterhead Green Salanova® Oak Red Romaine Lettuce Strawberry Beefsteak Tomato Roma Tomato

VEGGIES (\$4.50/PLANT*)

Roma Tomato Orange Cherry Tomato Red Cherry Tomato Watermelon Zucchini

THE PEPPER KIT (\$27) Red Bell Pepper x 2 Mini Sweet Orange Pepper x1 Mini Sweet Yellow Pepper x1 Jalapeno x1 Red Chili Pepper x1



THE BALCONY BLEND KIT (\$54)

Mini Cucumber x 2 Green Bean x 2 Mini Sweet Orange Pepper x1 Mini Sweet Yellow Pepper x1 Salanova® Butterhead Green x 2 Salanova® Oak Red x 2 Basil x1 Oregano x1



Zucchini x 2 Basil x1 Thyme x1 Parsley x1 Oregano x1 Mint x1 Rosemary x1 Lavender x1

Beefsteak Tomato

Despite their name, beefsteak tomatoes are actually suitable for both vegans and vampires.

(And vegan vampires, we guess...)

Herb Kit

Herb, herb, herb is the word. There's no easier way to take your dish from 'oh, that's nice' to 'oh man, that's good!' than throwing in some freshly cut herbs.

Plus, we've made sure that these plants are super easy to grow and make your place smell incredible too, so there's no excuse not to embrace your inner Gordon Ramsay and start whipping up brag-worthy dishes.



All seedlings are ORGANICALLY GROWN.

GARDEN KIT!' Value \$144

WHOLE

Head to plantables.ca to order!

10%

of every order goes to support our organization

Engagement Matters

Parent, Family and Community Engagement Advisory Committee Newsletter



Save the Date

May 19	PEAC Public Meeting
End of May	PEAC New Member Information Session
Board Events	Visit <u>Board Events</u> for additional events

Celebrating Mental Health Week

The beginning of May was Children's Mental Health Awareness Week in Ontario. YRDSB planned a variety of classroom daily activities, including webinars and seminars, and worked with our community partners to build awareness about this important topic. Thank you to everyone for your hard work. Please visit the <u>Student Mental Health and Addiction Newsletter</u> for more information.

Attending a PEAC Public Meeting

PEAC public meetings are open to the public and all are welcome to attend. In addition to Board and PEAC updates, there are also special interest presentations at each meeting. Non-PEAC attendees are in listen only mode.

Date	May 19, 2022
Time	7 pm to 9 pm
Location	Virtual
Meeting Link	Connection instructions can be
	found within the meeting
	agenda, which is posted before
	the meeting date on the <u>YRDSB</u>
	<u>website</u> .

Interested in becoming a PEAC Member?



The application process opens this month!

The PEAC new member application process will begin in **May 2022.** Join us for an information session hosted by current PEAC members and associated YRDSB staff. The information session will provide information for those who are interested in becoming a PEAC member. Please see the <u>PEAC webpage</u> for more information as it becomes available.

What is the purpose of PEAC and its members?

PEAC members support, encourage and enhance parent engagement at the Board level in an effort to improve student achievement and well-being. They represent the collective voice of parents who have children attending public schools in York Region.

What are the membership expectations?

Members are expected to attend a minimum of five meetings each year either virtually or in person (to be determined), and are encouraged to participate on PEAC sub-committees.

How to apply?

Interested applicants are asked to submit an application using ONE of the methods listed below once the application period opens:

- Submit an Online Application Form
- Email Leadership Development and Engagement
- Call Leadership Development and Engagement at 905-727-0022 ext. 3650

Tips from Dr. Alex Russell on how to keep our kids safe while watching them grow

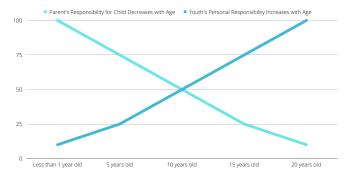
Dr. Russell, the keynote speaker at the PEAC Regional Parent Symposium, taught us that when our children leave the home, they learn how to manage themselves in the world through social reality. For many reasons, the pandemic delayed these growth opportunities. Now - as the parents, guardians, caregivers, and teachers - we are learning how to support our children as they return to the outside world. This transition is a time of uncertainty and for many, uncertainty can breed anxiety.

Anxiety and growth

Anxiety is an emotion in the fear family. It is a mix of fear and planning, which results in the anticipation that something **could** happen. Anxiety is a learned behavior based on past experiences and is beneficial to our growth and survival because it helps protect us from unfortunate circumstances.

Parenting and anxiety

When our children are young, our role is to protect and direct them; the younger they are, the more we do this. As they grow older, the role changes as they learn how adaptive anxiety (the good type of anxiety that helps with survival) can help them protect themselves by making positive decisions.



This graph shows how the responsibility for a children's decision making shifts from the caregiver to the child during adolescents. A healthy level of adaptive anxiety supports positive decision making skills as the child grows older and becomes fully responsible for their actions.

<u>"Minding" youth with anxiety</u>

Adaptive anxiety is learned through non-catastrophic painful failure within a safe environment, and is best supported when those around the child mirror the response of the child. This is called "**minding**." An example is when a child falls and scrapes their knee, they will likely cry. A minding response is to say, "Ouch! That looks like it really hurts." This type of response validates the emotions felt by the child, which in turn, helps create resiliency. You are confirming their sense of self by recognizing their experience in the moment.

Updates

Looking for updates relating to:

- Health and Safety
- Learning Model Selection
- Teaching and Learning

Please visit the YRDSB COVID-19 Frequently Asked Questions webpage.

Some questions you will find the answers to are:

- Will there be food lunch programs available?
- What changes will be made in schools in respect to ventilation?

You may also wish to visit the <u>Health and Safety webpage</u> to have your questions answered relating to:

- Extra-Curricular Activities and Clubs
- Field Trips
- School Assemblies

Event Ideas and Year-End School Council Tasks

Thanks to our school council chairs who shared ideas about successful events at their school on our Edsby group. Here are some highlights from those posts, plus a few other ideas to help you plan your next event.

- Scavenger Hunt
- Fun Fair
- Year-End BBQ
- Martial Arts Class
- Talent Show
- Family Movie Night
- Family Math Night
- Pizza Lunches
- Games Night

As the school year draws to an end, school councils can finish the year strong, and prepare for a successful new year, by doing these four tasks. More details can be found in our June 2021 newsletter.

- Prepare the school council annual report
- Review and update the principal profile
- Review your council's election process and update the constitution, if needed
- Plan a staff and volunteer appreciation event or recognition



Join the Edsby Group for School Councils Chairs and Co-Chairs

Calling all school council chairs and co-chairs! We have an Edsby group just for you!

On our Edsby platform you can:

- stay up-to-date on school council topics and current affairs;
- share inspiring ideas and helpful suggestions for fundraisers and events;
- learn about training sessions and public meetings,
- plus so much more!

Your engagement with this group is helping create a support network for school councils across our Board. We look forward to growing this group together!

Helpful Hint: To ensure that you receive important messages, update your notification settings by following the step-by-step instructions in the "Knowledge" section of the group.

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PEACs BUDGET RECOMMENDATIONS

- Provide more support to programs related to mental health, equity, inclusion, anti-racism and disrupting colonialism.
- Increase international student enrolment
- Provide resources that can help the students have a more fulfilling academic experience (i.e funding for the arts and mental health)
- In relation to learning recovery, as a result of the Covid-19 pandemic, provide more support to strengthen reading and math skills and support student resilience and mental well-being.
- Provide additional staffing to classrooms and schools to ensure that students have access to the supports they need (i.e., librariarians, educational assistants, and occasional teachers)

Supporting Policy Review

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Policy #635, **Dress Code**, and Policy #672, **Student Leadership,** are currently under review.. We are asking for your feedback. Share your ideas and suggestions by following this link, <u>Guideline to Policy</u> <u>Review and Feedback</u>.

HAVE A SAFE & HAPPY CONTRACTOR BREAK!





Triple P Parenting Seminar

Sibling Rivalry

Sibling rivalry is the jealousy, competition and fighting between brothers and sisters. This can be concerning for most parents with two or more children.

This session will look at the roots of rivalries and how parents can build greater harmony in family life.

You will learn about:

- What sibling rivalry is
- How to handle sibling rivalry
- Useful sibling conflict resolution strategies
- Simple parenting techniques that work

Register for this session

Parents, Grandparents and Caregivers!

Join us to share, learn and build a school culture where mental health and well-being is valued and promoted.

Date: Wednesday, May 18, 2022

Time: 10:00 a.m. – 11:30 a.m.

Location: Zoom Link will be provided

Facilitator: Uma Bhatt, R.S.W. York Hills Centre for Children, Youth and Families

More Information:

Oksana Majaski Community & Partnership Developer Oksana.majaski@yrdsb.ca

This free Parent Presentation is brought to you in partnership with York Hills Centre for Children, Youth and Families and the York Region District School Board.





2022 Summer Learning Programs Available

During the summer, YRDSB continues to offer credit and non-credit summer school program opportunities for elementary, secondary and adult students. Registration is now open for the following programs:

Elementary Credit and Non-Credit Programs:

- <u>Elementary Summer School</u> (Grades 6 8 non-credit reinforcement)
- Grade 8 Reach Ahead Students in Grade 8
- <u>Summer Institute</u> Kindergarten to Grade 8

Secondary Credit Programs:

- In-Person Learning
- Online Learning

Adult Learning Programs:

- Adult Literacy and Basic Skills
- English as a Second Language
- Citizenship Classes

For more information about summer learning programs and registration please visit <u>www.yrdsb.ca</u> and follow us on Twitter @YRDSB.